

### READ JAMES 1:17A

### DAY 1

We tend to use the word “good” to talk about things we like or enjoy a lot. And of course, there’s nothing wrong with that. But when it comes to defining God as “good,” we need to be careful. Because God IS good. But His goodness isn’t based on how we may feel about God. God is good because He is perfect, righteous, holy, and without fault.

Because God is good and because His ways are good, we can put our trust in Him. When we’re in trouble, when we’re sad, when we’re frustrated or scared, we can know that God is good and that He will take care of us.

In the space below, write one good thing about God and why you are thankful for Him:

**THANK** God for His goodness.



### READ PSALM 34:8

### DAY 2

To taste something is to experience it. You can’t say, “Chocolate ice cream is my favorite!” if you’ve never tasted chocolate ice cream before. It’s the reason why your parents insist that you at least try that new weird looking food on your plate before you decide it’s yucky. The only way to see God’s goodness is to get up close to Him, to experience Him. But how do we actually do that? You can experience God:

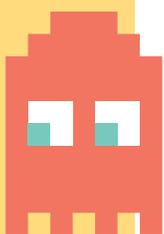
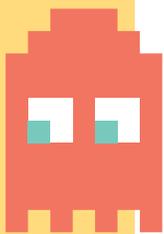
- o By reading His word
- o Through prayer
- o As you talk about Him in small group at church
- o Through His amazing creation

The more you come to know about God, the more you grow in your relationship with Him, the more of His goodness you will experience. You can place your trust in Him because He is GOOD and loves you.

The next time your family is gathered for meal, read today’s verse and ask the following questions:

1. What do you think this verse means?
2. How do we know that the Lord is good?
3. How do we show others God’s goodness?

**ASK** God to help you show His goodness to others.



## READ GALATIANS 6:10

DAY 3

This week, we've talked about how God is good and how we can experience His goodness. Once you've experienced God's goodness, it makes sense to share that goodness with others. How? By *doing good*.

How old are you? Write it in the blank: \_\_\_\_\_

What are some ways that you as an \_\_\_\_\_ year old, can do good this week? Think about three places you'll be this week (like home, school and the sports field). Now think about the people in each of those locations (your sister, your teacher and your fellow teammates). Next to each location, write down one way you could do good to show others God's goodness.

### LOCATIONS

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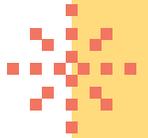
### WAYS TO DO GOOD

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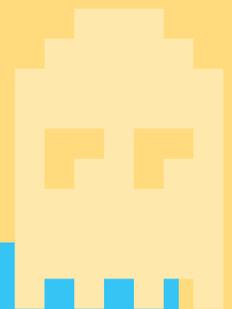
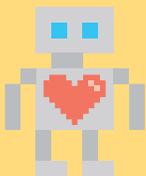
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**LOOK** for opportunities to do good this week.



**Show God's  
goodness  
to others.**



## READ 1 PETER 3:12-13

DAY 4

Have you ever picked a dandelion? If so, you've probably picked it and blown the dried seeds into the air to land wherever the wind might take them. What if you thought about spreading God's goodness like those scattering seeds? When you choose to do the right thing and help others, sometimes people notice and say, "**thank you.**" But then there are also times when no one notices. This verse reminds us that doing good is always noticed by our heavenly Father. He is the one who helps us to do good in the first place.

So this week, when you have an opportunity to do good, just do it. Don't hesitate when you can help. Remember how fun it is to just pick that flower, blow with all your might and watch the seeds scatter. Don't worry about where they land. Treat goodness the same way—spread it wherever you can.

**KNOW** that God will take care of the outcome when you choose to spread His goodness.

